

Administrative Directive Title: Coordinated School Health Program	AD Number: 6.400.1	Adopted: October 2016 Former Descriptor: SS8
Policy References: Board Policy 6.400 - Promoting Student Wellness	Revised: 7/19; 11/24	

1 Murfreesboro City Schools recognizes the importance of the connection between nutrition, physical
 2 activity and academic achievement. In order to implement overall wellness for students, the district
 3 adopts the procedures below. The district shall permit teachers, school health professionals, and
 4 representatives of the school food authority, students, parents, administrators, and any interested citizens
 5 to participate in the development of wellness policies and practices.

6 **COORDINATED SCHOOL HEALTH SUPERVISOR**

7 The following individual serves as the district’s coordinator of school health programs:

8 Autumn DePriest
 9 Coordinated School Health Supervisor
 10 2552 South Church Street, Murfreesboro, TN 37127
 11 autumn.depriest@cityschools.net
 12 615-893-2313

13 This individual will be responsible for overseeing the implementation of Coordinated School Health
 14 programming at all schools pursuant to federal and State requirements, including (1) providing annual
 15 professional development related to the eight components of the CSH program, (2) implementing the
 16 School Health Index, and (2) documenting that the school wellness policy and triennial assessments are
 17 made available to the public.

18 **SCHOOL HEALTH ADVISORY COUNCIL**

19 The Director of Schools shall establish a district-level School Health Advisory Council to serve as a
 20 resource for schools in implementing these procedures. The Director of Schools shall appoint members
 21 to the Advisory Council on an annual basis and the Coordinated School Health Supervisor shall be
 22 responsible for scheduling meetings on a regular basis and communicating with the Advisory Council.
 23 The district will consider the recommendations of the School Health Advisory Council in making any
 24 policy changes that affect the healthy learning environment.

25 **HEALTHY SCHOOL TEAMS**

26 Each school principal shall establish a Healthy School Team for their school. The team shall include the
 27 principal, teachers, staff, students, parents, and community members with at least one-half of the team
 28 members being non-school personnel. The school principal shall appoint members to the Healthy School
 29 Team on an annual basis. The Healthy School Team shall assess needs and oversee planning and
 30 implementation of school health efforts at the school site.