

Administrative Directive Title: Administration of Adrenal Insufficiency Medication	AD Number: 6.405.1	Adopted: May 2023 Former Descriptor: STU50
Policy References: Board Policy 6.405 - Medication	Revised: 11/24	

1 Adrenal insufficiency is a hormonal disorder that occurs when the adrenal glands do not produce enough
 2 adrenal hormones. Immediate action is required for a student in adrenal crisis. Adrenal crisis is a sudden,
 3 severe worsening of symptoms associated with adrenal insufficiency, such as: severe pain in the lower
 4 back, abdomen, or legs; vomiting; diarrhea; dehydration; low blood pressure; or loss of consciousness.

5 **PERSONS RESPONSIBLE FOR MEDICATION ADMINISTRATION**

6 A nurse will be assigned to each school with a student for whom these emergency medications are
 7 ordered and signed in to the school nurse with the required documentation. The school nurse will educate
 8 school staff about the student’s medical condition and provide a health care plan.

- 9 A. The district will also provide training to any school personnel who volunteer to receive the
 10 training and to be responsible for the administration of the medication for the treatment of adrenal
 11 crisis in case of the absence of the nurse.
- 12 B. Medication administration training will be provided by the district and conducted under the
 13 supervision of a physician, nurse practitioner, or by any other health care professional licensed
 14 under T.C.A. Title 63.
- 15 C. For any student with Adrenal Insufficiency who has appropriately documented medications at
 16 school to treat an Adrenal Crisis, a school nurse will attend field trips and excursions that take
 17 place during the regular school day, unless a parent is able to attend. Parents will not be required
 18 to attend, and students may not be excluded from any of these events due to their potential
 19 medical needs.

20 **RESPONDING TO ADRENAL CRISIS**

- 21 If it determined that a student is suffering from an adrenal crisis, the school nurse shall:
- 22 A. Instruct someone to call 911 and then make contact with the student’s parent/guardian;
 - 23 B. Administer the medication and supervise the student until medical help arrives. The student must
 24 not be left unattended;
 - 25 C. Turn the student onto their side and monitor the student’s breathing;
 - 26 D. Give the empty medication container to emergency medical responders upon arrival;
 - 27 E. In the event that a student requires transport to the hospital and a parent/guardian is not present,
 28 a designated school administrator shall accompany the student to the hospital. The administrator
 29 will stay with the student until the parent, guardian, or emergency contact arrives;
 - 30 F. Document the event pursuant to district policies and procedures.

31 Bus drivers are instructed to pull over and call 911 if any student on the bus has a medical emergency.