

**MURFREESBORO CITY SCHOOLS
ADMINISTRATIVE DIRECTIVES**



Descriptor Term: Adrenal Insufficiency	Descriptor No: AD STU50	Effective Date: 5/23
Revised:		

1 Adrenal insufficiency is a hormonal disorder that occurs when the adrenal glands do not produce
2 enough adrenal hormones. Immediate action is required for a student in Adrenal crisis. Adrenal
3 crisis is a sudden, severe worsening of symptoms associated with adrenal insufficiency, such as:
4 severe pain in the lower back, abdomen, or legs; vomiting; diarrhea; dehydration; low blood
5 pressure; or loss of consciousness.

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- 7 1. A nurse will be assigned to each school with a student for whom these emergency
8 medications are ordered and signed in to the school nurse with the required
9 documentation.
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- 11 2. If the school nurse is present, he/she will administer the medication. MCS will provide
12 training to any school personnel who volunteer to receive the training and to be
13 responsible for the administration of the medication for the treatment of adrenal crisis in
14 case of the absence of the nurse.
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- 16 a. Training on the medication administration of adrenal insufficiency shall be
17 coordinated by the LEA and shall be conducted under the supervision of a
18 physician or nurse practitioner or by any other health care professional licensed
19 under T.C.A. title 63 as delegated by a supervising physician or nurse practitioner.
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- 21 3. The school nurse will educate school staff about the student’s condition and provide a
22 Health care plan.
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- 24 4. Medication shall be stored safely and in a location that is readily available and in close
25 proximity to the student.
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- 27 5. For any student with Adrenal Insufficiency who has appropriately documented
28 medications at school to treat an Adrenal Crisis, a school nurse will attend field trips and
29 excursions that take place during the regular school day, unless a parent is able to attend.

30 Parents will not be required to attend, and students may not be excluded from any of
31 these events due to their potential medical needs

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33 6. Bus drivers are instructed to pull over and call 911 if any student on the bus has a medical
34 emergency.

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36 7. If it is determined a student is suffering from an adrenal crisis the school nurse shall:

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38 a. Instruct someone to call 911 and the student's parent or guardian.

39 b. Administer the medication and wait with the student until help arrives. Do not
40 leave the student unattended.

41 c. Turn the student to his or her side and monitor the student's breathing.

42 d. Give the empty vial to the Emergency Medical Responders when they arrive.

43 e. Document the event appropriately.

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47 Related Board Policy 6.405