

MURFREESBORO CITY SCHOOLS

K-6 MENU

March 2012

		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<div>1</div> <div>Breakfast French Toast Sticks or Oatmeal Toast Juice or Fruit Milk</div> <div>Lunch Whole Grain Cheese Pizza Steak Fingers w/gravy Tossed Garden Salad Buttered Peas Fresh or Chilled Fruit Milk</div>			<div>2</div> <div>Breakfast Pancakes Cereal Toast Juice or Fruit Milk</div> <div>Lunch Green Eggs w/Ham Sausage Biscuit Tater Bucks Baked Apples Fresh or Chilled Fruit Milk</div>
<div>Happy Birthday</div>					
FRESH FRUIT OR FRESH VEGETABLES ARE AVAILABLE AT EVERY MEAL					
5	6	7	8	9	
<div>Breakfast Cinnamon Tastries or Cereal Toast Juice or Fruit Milk</div> <div>Lunch Fish Nuggets w/hushpuppies Mini Corn Dogs White Beans Baked Breaded Okra Fresh or Chilled Fruit Milk</div>	<div>Breakfast Waffles w/sausage link or Oatmeal Toast Juice or Fruit Milk</div> <div>Lunch Chicken Patty Breaded Pork Chop Whole Grain Bun Mashed Potatoes Blackeyed Peas Fresh or Chilled Fruit Milk</div> 	<div>Breakfast Pancake on a Stick or Cereal Toast Juice or Fruit Milk</div> <div>Lunch Soft Taco Chicken Fajita Lettuce & Tomato Cup Whole Kernel Corn Fresh or Chilled Fruit Milk</div>	<div>Breakfast Breakfast Bagel or Oatmeal Toast Juice or Fruit Milk</div> <div>Lunch Ham & Cheese Sandwich Bologna & Cheese Sandwich Fresh Veggies w/dip Fresh Fruit Cookie Milk</div> 	<div>Breakfast Biscuit w/sausage gravy or Cereal Toast Juice or Fruit Milk</div> <div>Lunch Cheese Flatbread Sloppy Joe Whole Grain Bun Baked Tater Tots Mixed Vegetables Fresh or Chilled Fruit Milk</div>	
FRESH FRUIT OR FRESH VEGETABLES ARE AVAILABLE AT EVERY MEAL					
12	13	14	15	16	
<div>Breakfast Cheese Omelet w/toast or Cereal Toast Juice or Fruit Milk</div> <div>Lunch Cheeseburger Pulled BBQ Pork Whole Grain Bun Corn on the Cob Baked Beans Fresh or Chilled Fruit Milk</div> 	<div>Breakfast French Toast or Oatmeal Toast Juice or Fruit Milk</div> <div>Lunch Turkey & Gravy Country Fried Steak w/gravy Roll Mashed Potatoes Steamed Broccoli Fresh or Chilled Fruit Milk</div>	<div>Breakfast Steak Biscuit or Cereal Toast Juice or Fruit Milk</div> <div>Lunch Spaghetti w/ Meat Sauce Cheese Lasagna Tossed Garden Salad Glazed Carrots Bread Stick Fresh or Chilled Fruit Milk</div> 	<div>Breakfast Breakfast Pizza or Oatmeal Toast Juice or Fruit Milk</div> <div>Lunch Chicken Tenders Salisbury Steak w/gravy Roll Stewed Tomatoes w/Okra Green Beans Fresh or Chilled Fruit Milk</div> 	<div>Breakfast Mini Cinnis or Cereal Toast Juice or Fruit Milk</div> <div>Lunch Whole Grain Pepperoni Pizza Beef & Bean Burrito Carrot Sticks Baked Fries Fresh or Chilled Fruit Milk</div>	
FRESH FRUIT OR FRESH VEGETABLES ARE AVAILABLE AT EVERY MEAL					
19	20	21	22	23	
<div>Spring</div> 					
FRESH FRUIT OR FRESH VEGETABLES ARE AVAILABLE AT EVERY MEAL					
26	27	28	29	30	
<div>Breakfast Steak Biscuit or Cereal Toast Juice or Fruit Milk</div> <div>Lunch Mini Burgers Ultra Dog Baked Beans Corn on the Cob Fresh or Chilled Fruit Milk</div> 	<div>Breakfast Cinnamon Tastries or Oatmeal Toast Juice or Fruit Milk</div> <div>Lunch Chicken Patty Breaded Pork Chop Whole Grain Bun Roasted Potatoes Seasoned Spinach Fresh or Chilled Fruit Milk</div>	<div>Breakfast Breakfast Pizza or Cereal Toast Juice or Fruit Milk</div> <div>Lunch Grilled Cheese Corn Dog Baked Breaded Okra Pinto Beans Fresh or Chilled Fruit Milk</div> 	<div>Breakfast Waffles or Oatmeal Toast Juice or Fruit Milk</div> <div>Lunch Chicken Nuggets Salisbury Steak w/gravy Roll Sweet Potato Puffs Green Beans Fresh or Chilled Fruit Milk</div>	<div>Breakfast Sausage Biscuit or Cereal Toast Juice or Fruit Milk</div> <div>Lunch Whole Grain Cheese Pizza BBQ Rib Sandwich Baked Tater Tots Buttered Peas Fresh or Chilled Fruit Milk</div>	
FRESH FRUIT OR FRESH VEGETABLES ARE AVAILABLE AT EVERY MEAL					

MENU SUBJECT TO CHANGE

GRAB AND GO LUNCHES ARE OFFERED DAILY !
PREMADE SALADS ARE OFFERED DAILY !

March 2nd is Dr. Suess Birthday and Read Across America Day
March 11th Daylight Savings Time Begins
March 17th is St. Patrick's Day
March 20th is the 1st Day of Spring

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