

“IF NOT ME, THEN WHO...”

# 9★11 HEROES RUN



## RUN TO REMEMBER

#911HEROESRUN

### 5K MILE RUN/WALK/RUCK 1 MILE BACK TO SCHOOL DASH

Murfreesboro Civic Plaza

## Saturday, Sept 10 @ 8am



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**#911HEROESRUN**

## **HONOR THE SERVICE & SACRIFICE OF OUR FIRST RESPONDER & MILITARY HEROES**

The tragedy of September 11th, 2001, changed our nation's way of life forever. In response to the lives lost on that day - including hundreds of first responders who valiantly sacrificed themselves to save others - tens of thousands of veterans, active duty, and first responders have stepped up to serve and lead in the years since.

The 9/11 Heroes Run honors all of the heroes of September 11th, 2001, including everyone who has answered that call to serve. Started as a grassroots effort in 2008 by the family of fallen 1stLt Travis Manion (USMC), the 9/11 Heroes Run 5K brings together participants of all ages and levels to run, walk, ruck or volunteer in remembrance and gratitude.

Since its first year with 300 runners in Doylestown, PA, the event has grown to include more than 60,000 participants in 90 races around the world annually. All proceeds go directly to support Travis Manion Foundation, which empowers veterans and military families of fallen heroes to develop character in future generations. Join us as we unite communities to strengthen our national character and honor the legacies of the fallen.



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