urfreesboro City Schools



EMPLOYEE BENEFITS RESOURCE GUIDE

Benefits Enrollment Guide

Our goal is to offer the best employee benefit options possible. This includes health, dental, vision, life, disability, and many other supplemental insurance plans. This booklet is designed to provide an overview of Murfreesboro City Schools' plan options. If more detailed information is needed, please contact the district's Benefits Coordinator.

Kathleen Hunsicker, Benefits Coordinator Kathleen.Hunsicker@cityschools.net 615-225-2410

When am I eligible to enroll?

New hires will be eligible to make benefit elections within 30 days of their hire date. For existing eligible employees, the benefit choices elected during open enrollment will be effective January 1-December 31. However, it is very important to remember changes (add, change, or terminate) outside of new hire or open enrollment can only be made if the employee experiences a qualifying event as defined by the State of Tennesse group health plan.

Who is eligible?

All full-time employees are eligible to enroll in benefits. If the position is considered interim, the employee will not be eligible until they have worked four months or longer.

Health Options



Enrollment

Enrollment in health insurance is "passive", meaning the elections made from the previous year will roll forward if no changes are made during open enrollment. However, if a change is needed, it must be done through the State's Benefits Administration website, <u>Edison</u>. To login, you'll need your Edison ID which can be found on your medical ID card or by contacting the district's Benefits Coordinator, Kathleen Hunsicker. Only health insurance is enrolled through Edison.

Health Plan Options

(click on each plan for more details)

- Premier PPO
- Standard PPO
- Limited PPO
- Local CDHP/HSA



Network of Providers

- BlueCross BlueShield Network S
- BlueCross BlueShield Network P broader network offering more providers, but added monthly surcharge of \$65/\$130 added into monthly premium
- Cigna LocalPlus
- Cigna Open Access broader network offering more providers, but added monthly surcharge of \$65/\$130 added into monthly premium

Tiers of Coverage

- Employee Only
- Employee + Child(ren)
- Employee + Spouse
- Family

Health Cont.

Make Sure Your Doctor is in Network!

Your doctor or hospital changing networks is not a qualifying event, so be sure to confirm your provider is in network before choosing a carrier. BCBST: 800-558-6213 Cigna: 800-997-1617

If your provider is not listed online, call them directly to confirm!

Pharmacy Benefits Included!

All our health plans include comprehensive prescription drug benefits. The plan you choose will determine your out-of-pocket presciption cost.

For more information about pharmacy benefits, vaccines, and discounts, visit <u>Caremark/CVS</u> or call 877-522-8679.

Additional Health Plan Perks!

To learn more about the State of Tennesse health plan perks including the <u>Employee Assistance Program</u>, <u>Behavioral Health</u>, and wellness programs, visit <u>Partners4Health</u>. Employees (and dependents) must be enrolled in a health plan to access these benefits.



2023 Deductibles/Copays/Out of Pocket Maximums/Coinsurance for In-Network Providers

Employee + Family	Employee + Spouse	Employee + Child(ren)	Employee Only		Employee + Family	Employee + Spouse	Employee + Child(ren)	Employee Only			8.	
\$9,000	\$7,200	\$5,400	\$3,600		\$1,875	\$1,500	\$1,125	\$750		\$25 Copay	85% Coinsurance	Premier PPO
\$11,000	\$8,800	\$6,600	\$4,400	Out of Pocke	\$3,250	\$2,600	\$1,950	\$1,300	Dedu	\$30 Copay	80% Coinsurance	Standard PPO
\$13,600	\$13,600	\$13,600	\$6,800	Out of Pocket Maximums	\$3,600	\$2,800	\$2,500	\$1,800	Deductibles	\$35 Copay	70% Coinsurance	Limited PPO
\$10,000	\$10,000	\$10,000	\$5,000		\$4,000	\$4,000	\$4,000	\$2,000		\$0 Copay	70% Coinsurance	Local CDHP

2023 Deductibles/Copays/Out of Pocket Maximums/Coinsurance for Out-of-Network Providers

	Premier PPO	Standard PPO	Limited PPO	Local CDHP
	60% Coinsurance	60% Coinsurance	50% Coinsurance	50% Coinsurance
	\$45 Copay	\$50 Copay	\$55 Copay	50% Copay
		Deductibles	ctibles	
Employee Only	\$1,500	\$2,600	\$3,600	\$4,000
Employee + Child(ren)	\$2,250	\$3,900	\$4,800	\$8,000
Employee + Spouse	\$3,000	\$5,200	\$5,500	\$8,000
Employee + Family	\$3,750	\$6,500	\$7,200	\$8,000
		Out of Pocket Maximums	t Maximums	
Employee Only	\$7,200	\$8,800	\$13,600	\$10,000
Employee + Child(ren)	\$10,800	\$13,200	\$27,200	\$20,000
Employee + Spouse	\$14,400	\$17,600	\$27,200	\$20,000
Employee + Family	\$18,000	\$22,000	\$27,200	\$20,000

2023 Health Plan Comparison of Member Costs — Local Education and Local Government

PPO services in this table ARE NOT subject to a deductible. CDHP/HSA services in this table ARE subject to a deductible and coinsurance with the exception of in-network preventive care and maintenance medications.

- Hamily practice, general practice, internal medicine, OBIGYM and pediatrics - Provider based telehealth - Nurse practitioners, physician assistants and nurse midwives (licensed healthcare facility only) working under the supervision of a primary care provider Including surgery in office setting and initial maternity visit Specialist Office Visit - Including surgery in office setting - Provider based telehealth - Nurse practitioners, physician assistants and nurse midwives (licensed healthcare facility only) working under the supervision of a specialist Behavioral Health and Substance Use [2] - Including virtual visits	- Hamily practice, general practice, internal med OB/GYW and pediatrics Provider based telehealth Nurse practitioners, physician assistants and nimidwives (licensed healthcare facility only) we under the supervision of a primary care provide. 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2023 Health Plan Comparison of Member Costs — Local Education and Local Government

PPO services in this table ARE subject to a deductible unless noted with a [5]. Local CDHP/HSA services in this table ARE subject to a deductible and coinsurance with the exception of in-network preventive care.

COMEBED SEBAICES	in meamon [1]	OUT OF HETWORK [1]	IN NETWORK [1]	[1] OUT OF WETWORK[1]	(4)		(1)	[1]
COVERED SERVICES	IN-NEI WURK	OUT-OF-METWORK	IN-MELMONN.	OUT-OF-NEI WORK	IN-NETWORK 1-1	OUT-OF-NETWORK 1-1	IN-NETWORK 112	OUT-OF-NETWORK 1-1
PREVENTIVE CARE — OUTPATIENT FACILITIES								
 Recommended screenings such as colonoscopy, mammogram, colorectal, and bone density scans 	No charge [5]	40%	No charge [5]	40%	No charge ^[5]	9605	No charge	50%
OTHER SERVICES								
Hospital/Facility Services ⁽⁶⁾ Inpatient care ⁽⁷⁾ ; outpatient surgery ⁽⁷⁾ Inpatient behavioral health and substance use ⁽²⁾	15%	40%	20%	40%	30%	9605	30%	9605
Emergency room services [7]	15	15%	χ	20%	30%	%	30%	96
Maternity - Global billing for labor and delivery and routine services beyond the initial office visit	15%	40%	20%	40%	30%	9605	30%	9005
Home Care ^[4] Home health; home infusion therapy	15%	40%	20%	40%	30%	9605	30%	50%
Rehabilitation and Therapy Services Inpatient and skilled nursing facility ^[4] Outpatient PT/ST/OT/ABA ^[5] ; Other therapy	15%	40%	20%	40%	30%	9605	30%	50%
X-Ray, Lab and Diagnostics (not including advanced x-rays, scans and imaging) [5]	15%	%	20%	96	30%	%	30%	50%
Advanced X-Ray, Scans and Imaging Induding MRI, MRA, MRS, CT, CTA, PET and nuclear cardiac imaging studies (4)	15%	40%	20%	40%	30%	50%	30%	50%
Pathology and Radiology Reading, Interpretation and Results $^{\left[S\right] }$	15%	*	20%	96	30%	*	30%	96
Ambulance (medically necessary, air and ground)	15%	8	χ	20%	30%	38	30%	96
Equipment and Supplies (4) Durable medical equipment and external prosthetics Other supplies (i.e., ostomy, bandages, dressings)	15%	40%	20%	40%	30%	50%	30%	50%
Allergy Serum	15%	40%	20%	40%	30%	50%	30%	50%
Also Covered		Certain lis	mited Dental benefits, Hospic	e Care and Out-of-Country Cha	arges are also covered. See M	Certain limited Dental benefits, Hospice Care and Out-of-Country Charges are also covered. See Member Handbook for coverage details.	details.	
DEDUCTIBLE — ONLY ELIGIBLE EXPENSES COUNT TOWARD THE DEDUCTIBLE	OWARD THE DEDUCTIBLE							
Employee Only	\$750	\$1,500	\$1,300	\$2,600	\$1,800	\$3,600	\$2,000	\$4,000
Employee + Child(ren)	\$1,125	\$2,250	\$1,950	\$3,900	\$2,500	\$4,800	\$4,000	\$8,000
Employee + Spouse	\$1,500	\$3,000	\$2,600	\$5,200	\$2,800	\$5,500	\$4,000	\$8,000
Employee + Spouse + Child(ren)	\$1,875	\$3,750	\$3,250	\$6,500	\$3,600	\$7,200	\$4,000	\$8,000
OUT-OF-POCKET MAXIMUM — MEDICAL AND PHARMACY COMBINED — ELIGIBLE EXPENSES, INCLUDING DEDUCTIBLE, COUNT TOWARD THE OUT-OF-POCKET MAXIMUM	CY COMBINED — ELIGIBLE E	(PENSES, INCLUDING DEDUC	TIBLE, COUNT TOWARD THE (JUT-OF-POCKET MAXIMUM				
Employee Only	\$3,600	\$7,200	\$4,400	\$8,800	\$6,800	\$13,600	\$5,000	\$10,000
Employee + Child(ren)	\$5,400	\$10,800	\$6,600	\$13,200	\$13,600	\$27,200	\$10,000	\$20,000
Employee + Spouse	\$7,200	\$14,400	\$8,800	\$17,600	\$13,600	\$27,200	\$10,000	\$20,000
Employee + Spouse + Child(ren)	\$9,000	\$18,000	\$11,000	\$22,000	\$13,600	\$27,200	\$10,000	\$20,000

For PPO Plans, no single family member will be subject to a deductible or out-of-pocket maximum greater than the "employee only" amount. Once two or more family members (depending on permium level) have met the total deductible and/or out-of-pocket maximum, it will be met by all covered family members. For Loral COMP Plan, the deductible and out-of-pocket maximum amount can be met by one or more person, but must be met in full before it is full before it is full before it is full before it in full before it in full before it is full before it in full before it before it in full before it in full before it in full before it full before it in full before it before it in full before it in f

(3) COHP list of eligible medications, PPO list of eligible medication disses, and a list of participating fetall-90 pharmacies can be found at https://www.th.gov/partnersforhealth/health-options/pharmacy.btml.

(4) Prior authorization required, for non-emergent services. When using out-of-network provided, such as the control of the provided of th

[7] In-network benefits apply to certain out-of-network professional services at certain in-network facilities.

Employee Health Premiums

Monthly Payroll (Salaried Employees)

			LOCA	L NETWO	ORKS				
8 8	HEALTH PLAN	EMPLOY	EE ONLY		OYEE + O(REN)	EMPLOYE	E + SPOUSE		+ SPOUSE + (REN)
k S	OPTIONS	2022	2023	2022	2023	2022	2023	2022	2023
Network S a LocalPlus	Premier PPO	\$58.12	\$54.55	\$346.04	\$225.20	\$475.99	\$440.70	\$594.21	\$532.50
	Standard PPO	\$68.90	\$62.49	\$468.28	\$209.20	\$609.92	\$409.20	\$811.12	\$494.70
BCBS N Cigna	Limited PPO	\$32.01	\$30.00	\$241.56	\$198.00	\$429.15	\$387.30	\$563.52	\$468.30
	Local CDHP/HSA	\$0.00	\$0.00	\$240.36	\$172.60	\$384.64	\$337.50	\$578.40	\$408.00
	MCS HSA CONTRIBUTION	\$50/MO	\$50/MO						

			BROA	D NETW	ORKS				
ork P & Access	HEALTH PLAN		EE ONLY surcharge	CHILD	OYEE + O(REN) surcharge		E + SPOUSE o surcharge	CHILD(REN	+ SPOUSE + I) *\$130/mo narge
k P	OPTIONS	2022	2023	2022	2023	2022	2023	2022	2023
Network Open Ac	Premier PPO	\$177.54	\$177.23	\$603.06	\$595.50	\$796.70	\$799.50	\$1,002.10	\$952.50
	Standard PPO	\$135.72	\$129.42	\$535.10	\$555.50	\$702.27	\$747.00	\$903.49	\$889.50
BCBS Cigna	Limited PPO	\$66.72	\$71.22	\$447.28	\$527.50	\$683.47	\$710.50	\$897.21	\$845.50
	Local CDHP/HSA	\$58.53	\$63.97	\$307.18	\$464.00	\$518.28	\$627.50	\$775.96	\$745.00
	MCS HSA CONTRIBUTION	\$0/MO	\$0/MO						

Premiums are deducted once per month.

Employee Health Premiums

Biweekly Payroll (Hourly Employees)

			LOCA	L NETWO	ORKS				
.& S	HEALTH PLAN	EMPLOY	EE ONLY		OYEE + O(REN)	EMPLOYE	E + SPOUSE	EMPLOYEE + CHILL	
k S Jus	OPTIONS	2022	2023	2022	2023	2022	2023	2022	2023
Network S	Premier PPO	\$34.87	\$32.73	\$207.62	\$135.12	\$285.59	\$264.42	\$356.53	\$319.50
a K	Standard PPO	\$41.34	\$37.50	\$280.97	\$125.52	\$365.95	\$245.52	\$486.67	\$296.82
BCBS N	Limited PPO	\$19.22	\$18.00	\$144.94	\$118.80	\$257.49	\$232.38	\$338.11	\$280.98
	Local CDHP/HSA	\$0.00	\$0.00	\$144.22	\$103.56	\$230.78	\$202.50	\$347.04	\$244.80
	MCS HSA CONTRIBUTION	\$30/ck	\$30/ck						

			BROA	D NETW	ORKS				
ork P & Access	HEALTH PLAN		EE ONLY surcharge	CHILD	OYEE + O(REN) surcharge		E + SPOUSE o surcharge	+ CHILD(RE	+ SPOUSE N) *\$130/mo narge
k P	OPTIONS	2022	2023	2022	2023	2022	2023	2022	2023
	Premier PPO	\$121.52	\$121.34	\$376.84	\$372.30	\$508.02	\$509.70	\$631.26	\$601.50
	Standard PPO	\$96.43	\$92.65	\$336.06	\$348.30	\$451.36	\$478.20	\$572.09	\$563.70
BCBS Cigna	Limited PPO	\$55.03	\$57.73	\$283.37	\$331.50	\$440.08	\$456.30	\$568.33	\$537.30
<u> </u>	Local CDHP/HSA	\$50.12	\$53.38	\$199.31	\$293.40	\$340.97	\$406.50	\$495.58	\$477.00
	MCS HSA CONTRIBUTION	\$0/ck	\$0/ck						

Premiums are deducted 20 times per year on the first two paychecks of the month.

Basic Dental



Murfree	esboro City Schools	
Summary of Benefits	DentalBlue	Standard Plan
	Dental Option:	Basic
	Effective Date:	January 1, 2023
Deductible Calendar Year	Individual	Family
Applies to Coverage B only	\$50	\$150
Benefit Maximums		
Applies to Coverage A, B, and C (per Calendar Year)	\$75	50
Benefit Percentages apply to	Any D	entist*
Covered Services	Benefit Pe	ercentages
Coverage A		
Exams, X-rays		
Cleanings, Fluoride	100	0%
Sealants, Space Maintainers		
Coverage B		
Basic Restorative Services		
Basic Endodontics		
Basic Periodontics	80	%
Basic Oral Surgery		
Coverage C -		
Major Restorative and Prosthodontics	09	%
Major Endodontics		
Major Periodontics		
Major Oral Surgery		
Coverage D -		
Orthodontics	Not Av	railable
Choice Option	Network Dentists paid at PPO fee sci 70th percen	
National Network	Inclu	aded
Blue365	Discounts on health and wellness set Lasik surgery, weight loss at	

Lasik surgery, weight loss and fitness centers, and more

Enhanced Dental



Murfree	sboro City Schools	
Summary of Benefits	DentalBlue	Standard Plan
	Dental Option: Effective Date:	Enhanced January 1, 2023
Deductible Calendar Year	Individual	<u>Family</u>
Applies to Coverage B and C only	\$50	\$150
Benefit Maximums		
Applies to Coverage A, B, and C (per Calendar Year)	\$1,	500
Coverage D (per Lifetime)	\$1,	250
Benefit Percentages apply to	Any I	Dentist*
Covered Services	Benefit P	ercentages
Coverage A		
Exams, X-rays		
Cleanings, Fluoride	10	00%
Sealants, Space Maintainers		
Coverage B		
Basic Restorative Services		
Basic and Major Endodontics		
Basic and Major Periodontics	80	0%
Basic and Major Oral Surgery		
Coverage C - 6 Month Waiting Period		
Major Restorative and Prosthodontics	50	0%
Coverage D - 12 Month Waiting Period		
Orthodontics-Child to age 19	51	0%
Choice Option		chedule; non-network dentists paid at ntile of UCR
National Network	Incl	uded
Blue365		ervices including routine vision care, and fitness centers, and more

Vision



Group Name: Group Number: Effective Date:

Murfreesboro City Schools 125200 01/01/2023

VisionBlue

Benefit In	-Network Member Cost	Out-of-Network Reimbursement	
Comprehensive Eye Examination	\$10 Copayment	Up to \$35	One exam within a 12 month period for each member covered under the plan.
Retinal Imaging	Up to \$39	N/A	
Contact Lenses Fit and Follow-Up			
Standard	\$55 Copayment	N/A	
Premium	10% off retail	N/A	
VISION MATERIALS			
Standard Plastic Lenses			One set of lenses within a 12 month period for each member covered under the plan.
Single Vision	\$20 Copayment	Up to \$30	·
Bifocal	\$20 Copayment	Up to \$45	
Trifocal	\$20 Copayment	Up to \$60	
Frames	\$0 Copayment up to \$120 allowance, 20% off balance over allowance	Up to \$60	One pair of frames within a 12 month period for each member covered under the plan.
Contacts			One set of lenses within a 12 month period for each member covered under the plan (In lieu of lenses + frames).
Conventional	\$0 copay up to \$120 allowance, 15% off balance over allowance	Out-of-network up to \$96	
Disposable	\$0 copay up to \$120 allowance	Out-of-network up to \$96	
Medically Necessary	Paid in Full	Up to \$200	
Lens Options			One set of lenses within a 12 month period for each member covered under the plan.
Standard Polycarbonate	\$40 Copayment	Up to \$0	•
Standard Polycarbonate (For covered dependent children under 19 years of age)		Up to \$5	
UV Treatment	\$15 Copayment	Up to \$0	
Tint	\$15 Copayment	Up to \$0	
Standard Plastic Scratch Coating	\$15 Copayment	Up to \$0	
Standard Progressive Lenses (add or to Bifocal)	s \$65 Additional Copayment	\$0 Additional *	
Premium Progressive Lenses (add or to Bifocal)	Copayment, 20% off retail price less \$120 allowance	\$0 Additional *	
Standard Anti-Reflective Coating	\$45 Copayment	Up to \$0	
Other Lens Options	20% off retail	N/A	
* \$45 maximum reimbursement			
Diabetic Eye Care (Care and testing for diabetic members)			Up to 2 services per year for each listed service.**
Exam	\$0	Up to \$77	
Retinal Imaging	\$0	Up to \$50	
Extended Ophthalmoscopy	\$0	Up to \$15	
Gonioscopy	\$0	Up to \$15	

^{**}Some or all of the diagnostic services described above will be provided as deemed appropriate, subject to provider determination of service necessity and the benefit frequency limitations referenced above.

- . This document serves as a summary of the benefits that are detailed in the Evidence of Coverage. These benefits are subject to the Covered Services and Limitations on Covered Services, Exclusions from Covered Services, and Schedule of Benefits sections of the Evidence of Coverage.
- When applicable benefits are paid after the Copayment listed above and to the allowance listed, members are responsible for amounts above the allowance.
- Members may see any vision care provider. However, contracted providers in our network have agreed to limit certain charges and provide additional discounts once the allowance has been reached. Because we have no contract with nonnetwork providers, members are responsible for all charges that exceed the out-of-network reimbursement.

Employee Dental/Vision Premiums

Monthly Payroll (Salaried Employees)

DENTAL PREMIUMS

BS	DENTAL PLAN	EMPLOY	EE ONLY		OYEE + ENDENT	2 OR	OYEE + MORE IDENTS
BC	OPTIONS	2022	2023	2022	2023	2022	2023
	Basic Dental	\$0.00	\$0.00	\$22.73	\$23.53	\$35.57	\$36.82
	Enhanced Dental	\$16.03	\$16.59	\$56.70	\$58.68	\$112.29	\$116.22

VISION PREMIUMS

BCBS	CBS	VISION PLAN	EMPLOYEE ONLY		EMPLOYEE + CHILD(REN)		EMPLOYEE + SPOUSE		EMPLOYEE + SPOUSE + CHILD(REN)	
	Ä	OPTION	2022	2023	2022	2023	2022	2023	2022	2023
		Vision	\$8.20	\$8.20	\$16.87	\$16.87	\$16.08	\$16.08	\$23.97	\$23.97

Premiums are deducted once per month.

Biweekly Payroll (Hourly Employees)

DENTAL PREMIUMS

BS	DENTAL PLAN	EMPLOY	YEE ONLY EMPLOYEE + 1 DEPENDENT			2 OR	OYEE + MORE NDENTS
BC	OPTIONS	2022	2023	2022	2023	2022	2023
_	Basic Dental	\$0.00	\$0.00	\$13.64	\$14.12	\$21.34	\$22.09
	Enhanced Dental	\$9.62	\$9.95	\$34.02	\$35.21	\$67.37	\$69.73

VISION PREMIUMS

BS	VISION PLAN	EMPLOYEE ONLY		EMPLOYEE + CHILD(REN)		EMPLOYEE + SPOUSE		EMPLOYEE + SPOUSE + CHILD(REN)	
BC	OPTION	2022	2023	2022	2023	2022	2023	2022	2023
	Vision	\$4.92	\$4.92	\$10.12	\$10.12	\$9.65	\$9.65	\$14.38	\$14.38

Premiums are deducted 20 times per year on the first two paychecks of the month.

Section 125 Benefits

Offered through USAble Life and Trustmark Life

Every November, employees are offered certain eligible supplemental benefits which are payroll deducted tax free. Employees can choose to participate in all, part, or none of the available options. Elections cannot be changed outside of open enrollment or a qualifying event.

Policies include, but are not limited to, the following:



FLEXIBLE SPENDING ACCOUNTS

FSA's are a great way to put money aside, tax free, to cover eligible expenses. Employees can choose between medical, dental, vision, and dependent care (daycare) Flexible Spending Accounts.

SHORT AND LONG TERM DISABILITY

In the event you are injured or sick and cannot work, you still need a check to cover your monthly obligations. For covered disability claims, these plans directly pay you a monthly amount.





VOLUNTARY GROUP TERM LIFE

Term life insurance is great If you need additional life protection for you and your eligible family members. You select the benefit amounts to suit your specific situation.

Tennessee Consolidated Retirement System

All full-time employees become members of TCRS at time of hire. If an employee has previously worked under a TCRS contributor, the service time/contributions will accumulate as long as the member has met certain vesting requirements. For more information regarding retirement and 401k plan features, visit the links below.



Certified personnel hired prior to July 1, 2014 and all classified personnel

Click here for plan features



Certified personnel hired after July 1, 2014

Click here for plan features



Open to all certified and classified personnel Click <u>here</u> for plan features

Ryan Marlin, Empower Plan Advisor Ryan.Marlin@Empower-Retirement.com 615-564-7007



Ouestions?

Kathleen Hunsicker, Benefits Coordinator Kathleen.Hunsicker@cityschools.net 615-225-2410

Customer Service Contacts

Contact	Phone	Website/Email			
Kathleen Hunsicker Murfreesboro City Schools Benefits Coordinator	615-225-2410	Kathleen.Hunsicker@cityschools.net			
Benefits Administration Health Insurance State of TN Group Health	615-741-3590	<u>Partners 4 Health</u>			
BlueCross BlueShield Dental and Vision Insurance	615-523-1478	<u>BCBST</u>			
BlueCross BlueShield Medical Insurance	800-558-6213	<u>BCBST</u>			
Cigna Medical Insurance	800-244-6224	<u>Cigna</u>			
USAble Life Supplemental Plans	800-370-5856	<u>USAble Life</u>			
Trustmark Life Life Insurance	800-918-8877	<u>Trustmark Life</u>			
TASC Flexible Spending Accounts	800-422-4661	<u>TASC</u>			
TCRS Retirement System	800-922-7772	Tennessee Consolidated Retirement			