

MCS ILLNESS GUIDE

23-24

Students sent to the school nurse with symptoms of illness may be asked to put on a mask and assessed for communicable diseases and may be excluded according to policy 6.403 until written documentation is provided from a healthcare provider or the health department that they are safe to return.

Symptom/Illness	Should NOT attend school	MAY attend school
Fever	<ul style="list-style-type: none"> Fever (>100F) 	<ul style="list-style-type: none"> Fever resolved without the use of a fever reducing medication (Advil or Tylenol) for 24 hours
Cough	<ul style="list-style-type: none"> Frequent , disruptive, uncontrollable cough 	<ul style="list-style-type: none"> When non-disruptive to the classroom setting
Sore Throat	<ul style="list-style-type: none"> Sore throat, swollen lymph nodes, headache, nausea, and/or with fever (>100F) Positive Strep test or symptoms of Strep Throat 	<ul style="list-style-type: none"> After 24 hours on antibiotics OR Negative throat culture OR Resolving symptoms
Diarrhea or Vomiting	<ul style="list-style-type: none"> Diarrhea (2 or more episodes) OR Vomiting (1 episode) 	<ul style="list-style-type: none"> If free from diarrhea/vomiting without the use of medication for 24 hours
Pediculosis (Head Lice) *Exposure notification will be sent home for multiple cases in the same grade level.	<ul style="list-style-type: none"> Live lice are present 	<ul style="list-style-type: none"> With proof of treatment OR School nurse confirming lice-free before returning to class
Rash or Skin Infection	<ul style="list-style-type: none"> Illness based rash or signs of skin infection that is undiagnosed by a medical provider 	<ul style="list-style-type: none"> When rash is improving OR Written release from a medical provider
Conjunctivitis (Pink Eye)	<ul style="list-style-type: none"> Eye appears to be infected Eyelashes are matted Think drainage is present 	<ul style="list-style-type: none"> Written documentation from a medical provider with return to school information AND/OR After 24 hours of eye treatment Non-infectious eye irritation (allergies, etc.)
COVID-19	<ul style="list-style-type: none"> Positive COVID-19 result or doctor's diagnosis of COVID-19 Fever (>100F) 	<ul style="list-style-type: none"> Resume normal activities when for at least 24 hours, both are true: <ul style="list-style-type: none"> Your symptoms are getting better overall, AND Fever free (and are not using fever-reducing medication (Advil or Tylenol) for 24 hours
Flu	<ul style="list-style-type: none"> Positive Flu test or doctor's diagnosis of Flu Fever (>100F) 	<ul style="list-style-type: none"> Improving symptoms or medical provider note indicating a date for return to school AND fever free for 24 hours without the use of medication
Hand Foot and Mouth *Exposure notification will be sent home to PreK and Little Sprouts when a case is identified in the classroom.	<ul style="list-style-type: none"> Positive for HFM Fever (>100F), blisters/sores on hand, feet, or mouth area. 	<ul style="list-style-type: none"> Written release from a medical provider AND Fever resolved without the use of a fever reducing medication (Advil or Tylenol) for 24 hours AND Blisters/sore have scabbed over
Chickenpox (Varicella) *Exposure notification will be determined by RCHD	<ul style="list-style-type: none"> Itchy pink/red rash with small fluid filled blisters 	<ul style="list-style-type: none"> When all lesions are Scabbed over and dry with no new lesions, usually 5-7 days If no fever without the use of medication for 24 hours

