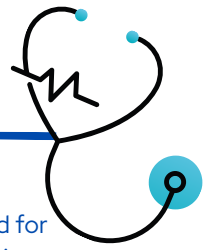


# MCS ILLNESS GUIDE

24-25



Students sent to the school nurse with symptoms of illness may be asked to put on a mask and assessed for communicable diseases and may be excluded according to policy 6.403 until written documentation is provided from a healthcare provider or the health department that they are safe to return.

Symptom/Illness	Should <b>NOT</b> attend school	<b>MAY</b> attend school
<b>Fever</b>	<ul style="list-style-type: none"> <li>Fever (&gt;100.4F)</li> </ul>	<ul style="list-style-type: none"> <li>Fever resolved without the use of a fever reducing medication (Advil or Tylenol) for <b>24 hours</b></li> </ul>
<b>Cough</b>	<ul style="list-style-type: none"> <li>Frequent , disruptive, uncontrollable cough</li> </ul>	<ul style="list-style-type: none"> <li>When non-disruptive to the classroom setting</li> </ul>
<b>Sore Throat</b>	<ul style="list-style-type: none"> <li>Sore throat, swollen lymph nodes, headache, nausea, and/or with fever (&gt;100.4F)</li> <li>Positive Strep test or symptoms of Strep Throat</li> </ul>	<ul style="list-style-type: none"> <li>After <b>24 hours</b> on antibiotics <b>OR</b></li> <li>Negative throat culture <b>OR</b></li> <li>Resolving symptoms</li> </ul>
<b>Diarrhea or Vomiting</b>	<ul style="list-style-type: none"> <li>Diarrhea (2 or more episodes) OR</li> <li>Vomiting (1 episode)</li> </ul>	<ul style="list-style-type: none"> <li>If free from diarrhea/vomiting without the use of medication for <b>24 hours</b></li> </ul>
<b>Pediculosis (Head Lice)</b> *Exposure notification will be sent home for multiple cases in the same grade level.	<ul style="list-style-type: none"> <li>Live lice are present</li> </ul>	<ul style="list-style-type: none"> <li>With proof of treatment <b>OR</b></li> <li>School nurse confirming lice-free before returning to class</li> </ul>
<b>Rash or Skin Infection</b>	<ul style="list-style-type: none"> <li>Illness based rash or signs of skin infection that is undiagnosed by a medical provider</li> </ul>	<ul style="list-style-type: none"> <li>When rash is improving <b>OR</b></li> <li>Written release from a medical provider</li> </ul>
<b>Conjunctivitis (Pink Eye)</b>	<ul style="list-style-type: none"> <li>Eye appears to be infected</li> <li>Eyelashes are matted</li> <li>Thick drainage is present</li> </ul>	<ul style="list-style-type: none"> <li>Written documentation from a medical provider with return to school information <b>AND/OR</b></li> <li>After <b>24 hours</b> of eye treatment</li> <li>Non-infectious eye irritation (allergies, etc.)</li> </ul>
<b>COVID-19</b>	<ul style="list-style-type: none"> <li>Positive COVID-19 result or doctor's diagnosis of COVID-19</li> <li>Fever (&gt;100.4F)</li> </ul>	<ul style="list-style-type: none"> <li>Resume normal activities when for at least 24 hours, both are true:                             <ul style="list-style-type: none"> <li>Your symptoms are getting better overall, <b>AND</b></li> <li>Fever free (and are not using fever-reducing medication (Advil or Tylenol) for <b>24 hours</b></li> </ul> </li> </ul>
<b>Flu</b>	<ul style="list-style-type: none"> <li>Positive Flu test or doctor's diagnosis of Flu</li> <li>Fever (&gt;100.4F)</li> </ul>	<ul style="list-style-type: none"> <li>Improving symptoms or medical provider note indicating a date for return to school <b>AND</b> fever free for <b>24 hours</b> without the use of medication</li> </ul>
<b>Hand Foot and Mouth</b> *Exposure notification will be sent home to PreK and Little Sprouts when a case is identified in the classroom.	<ul style="list-style-type: none"> <li>Positive for HFM</li> <li>Fever (&gt;100.4F), blisters/sores on hand, feet, or mouth area.</li> </ul>	<ul style="list-style-type: none"> <li>Written release from a medical provider <b>AND</b> Fever resolved without the use of a fever reducing medication (Advil or Tylenol) for <b>24 hours AND</b></li> <li>Blisters/sore have scabbed over</li> </ul>
<b>Chickenpox (Varicella)</b> *Exposure notification will be determined by RCHD	<ul style="list-style-type: none"> <li>Itchy pink/red rash with small fluid filled blisters</li> </ul>	<ul style="list-style-type: none"> <li>When all lesions are Scabbed over and dry with no new lesions, usually 5-7 days</li> <li>If no fever without the use of medication for <b>24 hours</b></li> </ul>

